# TRiO Student Support Services

### When you succeed -We succeed!

#### SGA President Tara Moore Says Beginning College was Scary

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TRIO SSS 4 Webpage Tara had been out of school for almost 20 years when she decided to attend college. Needless to say, beginning college was somewhat scary for her. She is currently seeking an Associates in Arts transfer degree with a human services emphasis. She plans to transfer to Murray State University next fall to gain her bachelor degree in Social Services. Her career goal after graduating college is to work for hospice. Tara said her heart is working with older people.

Tara is a single mother of one adult child and a 13 year old boy. She currently commutes from Princeton, KY every day to attend classes. She enjoys music and likes to attend concerts, although she

doesn't have much leisure time these days.

Tara is a full time college student and she works part time through the Federal Work Study Program at MCC. She is a tutor in the TRIO lab and works with students on writing, computers, on-line classes, communications and study skills. This is Tara's third semester as a tutor in the TRIO lab.

Working in the TRIO lab allows Tara the opportunity to meet new people and help them feel more comfortable about their college experience. She is also the current Student Government Association (SGA) president. This position gives her the opportunity to reach out to other



students as well as work with faculty and staff on campus. Tara said, "I would encourage everyone to get involved with clubs and organizations while attending school. The leadership experience is priceless."



#### Don't Miss Out...

#### SSS Workshops:

Nov 6th: Who Moved My Cheese-learn to manage change

Nov 14th: May Day! May Day! I'm Stressed

Nov 20th: Financial Literacy Workshop Nov 13th: Murray State Free Transfer Day. Must register from Nov 4th to Nov 12th in the Murray office at MCC

Nov 27th: SSS Scholarship deadline; MCC Lions Club Scholarship deadline

Nov 28th-30th-Thanksgiving

Dec 8th-14th: Final Exams

December 15th: End of Fall Semester

Jan 1st: 2014-2015 FAFSA is available

Jan 13th: Spring class work begins

# Let your Views & Feelings on Diversity Pay Off

"Education is the most powerful weapon which you can use to change the world."

- Nelson Mandela

The Stanley Lewis Cultural Diversity Writing Contest is now underway and submissions are being accepted. Stan Lewis was the college's first African American faculty member and worked at the college for 28 plus years. As stated on the contest brochures, "Mr. Lewis was dedicated to meeting the needs of every student and provided genuine kindness, concern and the best possible service to all."

Individuals are encouraged to write about their feelings or experiences on any type of diversity. This could include gender, age, sexual orientation, race, ethnicity, and physical and mental capabilities. Entries should be in the forms of poems, essays or short stories. Individuals can submit entries in each of the categories; however, each submission must be on a separate entry form. Prizes will be awarded as follows:

1st Place is \$500.00

2nd Place \$150.00

3rd Place \$50.00

There will be a \$50.00 award for the best entry from an elementary or middle school student. Students can be attending a public school, private school or be home schooled. Contest is open to MCC students and the general public in MCC's service area. Employees and family members of the judges are not eligible for prizes.

Entry deadline is January 31, 2014. All entries must be submitted to the Trover Library on the North Campus of MCC. If you have questions or need additional information, please contact Patricia Jewell, patricia.jewell@kctcs.edu (270-824-8676) or Silas Matchem, silasmatchem@kctcs.edu (270-824-1738).

"I will study and get ready, and perhaps my chance will come."

> Abraham Lincoln

1809-1865 American President

#### Make Math Work for You

Actuaries use mathematical models to analyze statistical data and forecast risk. They help develop, price and evaluate products related to health insurance, life insurance, property and casualty insurance, or pension and retirement benefits.

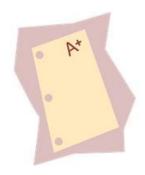
Mathematicians advance mathematical knowledge and solve problems using high level mathematics and technology. They explore new theories and ideas in specific areas of math and they look for ways to apply mathematical principles to disciplines like engineering and science.

Operations Research Analysts help organizations solve problems and improve decision making using mathematical models. They collect and study information from databases and other sources. They use the analyses to make recommendations related to production, sales, logistics and other areas of operation.

Statisticians collect and interpret data using a variety of statistical methods and theories. They design surveys and other methods of gathering data representation of a population. They identify trends in data, draw conclusions and assess if results are reliable.

http://bls.gov/opub/ooq/2012/fall/art01.pdf

## **Effective Habits for Effective Study**



- Take responsibility for yourself. Make decisions about your priorities, your time, and your resources.
- Center yourself around your values and principles
- Put first things first. Follow up on the priorities you have set for yourself.
- Discover your key productivity periods and places.
- Consider yourself in a

- win-win situation. Contributing your best to a class benefits everyone.
- First understand others, then attempt to be understood. When you have an issue with an instructor put yourself in the instructor's place. Now ask yourself how you can best make your argument given his/her situation.
- Look for better solutions
- to problems. If you don't understand the course material, don't just re-read it. Try something else! Consult with the professor, a tutor, an academic advisor, a classmate, a study group, or your school's study skills center
- Look to continually challenge yourself.

http://www.studygs.net/attmot4.htm

## Lindsey Wilson College

Lindsey Wilson College is a fouryear liberal-arts college affiliated with the Kentucky Conference of The United Methodist Church. LWC is located in Columbia, Ky., a small town about 20 miles from Lake Cumberland in South Central Kentucky. Lindsey Wilson is one of five Kentucky institutions to be classified as a Baccalaureate College-Liberal Arts.

Lindsey Wilson College offers more than 20 undergraduate majors. The most popular Bachelor's degree programs include Biology, Business Administration, Christian Ministries, Communication, Elementary Education, and Human Services & Counseling

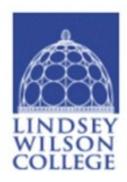
The bachelors degree in human services and counseling is offered at MCC. Students with 60 credit hours will be able to complete the degree in 18 months. The classes are offered Fridays from 4:00 p.m. to 9:00 p.m. and Saturdays from 9:00 a.m. to 4:00 p.m.

A master's degree in human services and counseling is also offered at MCC. This is a 24-month program, offered on the weekends as described above. Completion of this program allows students to be eligible to be a licensed professional counselor. After 2 years of supervision, they can sit for the

national test and start a private practice. For students wanting to be a certified drug and alcohol counselor, this master's program can train them for that.

For more information about Lindsey Wilson College transfer options, contact:

Roneshia Clark-Evans John H. Gray Building, Room 246A (270) 836-8339 clarkro@lindsey.edu



### **Understanding Federal Student Loans**

Understand the type of aid you are receiving. Loans, unlike most grants, scholarships, or *work-study* funds, must be repaid.

Know the <u>type of loan</u> you are receiving. Understand the costs of getting the loan, the *interest rate*, and the repayment terms for the loan.

Read <u>Know Before You Owe</u> from the Consumer Financial Protection Bureau.

Read your *promissory note*. It is a legal document. Signing a promissory note means you agree to repay the loan according to the terms of the note. You must repay all the loans you receive, even if you don't complete your education.

Borrow only what you need to pay for your college expenses.

Create a budget to determine how much you really need to borrow.

Contact your school's *financial aid* office to request a lower loan amount instead of borrowing the maximum amount you might be eligible to receive.

Find information about all of your federal student loans from the U.S. Department of Education using the National Student Loan Data System.

http://studentaid.ed.gov/repayloans/default/avoid "I believe that through knowledge and discipline, financial peace is possible for all of us."

**Dave Ramsey** 

# Show Me the Money!

TRIO SSS Scholarship: Applications have been sent to all SSS students and are available through the scholarship link on the TRIO SSS blackboard eCommunity. **Deadline is November 27th.** 

The MCC Lions Club Scholarship: Applications have been sent to all students and are also available from Octavia Lawrence in the Enrollment Center. **Deadline is November 27th.** 

American Heart Association's Go Red Multicultural Scholars hip Fund-https://www.goredforwomen.org/get-involved/show-support-for-go-red/multicultural-scholarship-fund/

The following link has federal and state scholarship search

databases

https://www.kheaa.com/ w e b s i t e / k h e a a / adult scholsearch?main=2

http://kaarme.com/ kscholarships/search

www.fastweb.com

http://www.cappex.com



## Christ Reaching Out Saving Students-CROSS



C.R.O.S.S. is the Baptist Collegiate Ministry organization for Madisonville Community College. Although it is sponsored by Baptist College ministries, the meetings are open to all students, faculty & staff regardless of church affiliation or denomination. Each Wednesday during the Fall and Spring semesters, CROSS meets in Room 309 of the JHG building from 12:15 – 12:50 for a time of fellowship, studies, videos, guest speakers and community projects. The free lunch is furnished each Wednesday by area churches. If you have questions please contact Connie Harralson, campus liaison, con-

#### nie.harralson@kctcs.edu

CROSS currently meets on Thursdays on the Health Campus at 12:00; however, they will be moving their meetings to Tuesdays in the spring. Kay Hawkins is the contact on that campus. Kay can be reached at <a href="mailto:kay.hawkins@kctcs.edu">kay.hawkins@kctcs.edu</a>.

CROSS also meets on Wednesdays on the Muhlenberg campus at 12:00 in room 109. Kristen Robertson is the contact on that campus. krobertson0038@kctcs.edu



**KCTCS** is an equal opportunity employer

1-855-55GO-MCC (855-554-6622)



# Everything You Want to Know about TRiO SSS

Nationwide studies have shown that students who participate in Student Support Services are more likely to remain in college, have a higher GPA, and achieve their academic goals than those who are not involved with our program.

This month we want to highlight our website. If you have never been to our website, now is a good time to explore the site. You will find a lot of useful information there. Under "links and workshops" you will find links to Khan Academy and Education Portal. Both of these sites provide online tutorials for many subject areas. If it is late or on the week-end, you might find these sites to be very helpful.

Next is a list of the workshops we are presenting this semester. If you forget when a workshop is being presented, just go to the website. There are also links to online workshops in grammar, math study skills, note taking skills, test taking skills, and time management skills. I know many of you expressed that you needed help in several of the study skills areas. If you need help in these areas, check out the online workshops. If you have questions or need additional help, don't hesitate to ask the office staff or tutors.

There is a link for newsletters and you can access prior newsletters there. There is also a link to an online financial literacy workshop. If you are not able to attend either of the financial literacy workshops we are offering, you can do one of the components of the online work-

shop. You need to print the certificate issued at the completion of the workshop and turn in to Kim. There is a link to the office staff which lists our email and phone numbers. There is also a link to the application process and frequently asked questions. Both of these would be helpful if you have family or friends that might be interested in our program. It explains who we are, what we do, how to qualify and how to apply. It also lists student responsibilities once accepted.

Like us on FaceBook—Trio Student Support Services Madisonville Community College